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In 2016 LIP/TWC worked together to coproduce 6 statements to say how we would like to be treated by mental health services. These are called the "I Statements".

1. I am more than a mental health diagnosis. Treat me like an individual human being.

2. I may rely on family and friends to stay well. Give them support, information and respect.

3. I want to be heard and included, regardless of my identity. Offer me accessible and culturally competent support.

4. I may be facing more than just a mental health challenge (e.g. Substances including alcohol or a physical condition). Respond to these creatively and without judgement.

5. I will know the name of the person responsible for my support. Show me that you are a human being too.

6. I have a story to tell. Share information effectively, with my permission, so I don't have to repeat myself.

In 2017 these were included in the service level agreements for all new contracts for mental health services—this means that all the services agreed that they would do all 6 of the statements. The Leeds Mental Health Partnership Board are wanting to check if these 6 statements are being used and are still what we want. Please help us by answering these so we can report back to them.

- Before today, had you heard of the "I Statements"? YES/NO
- Do you think they are still important? YES/NO
- Have you or a family member of friend accessed mental health services in Leeds since 2017? YES/NO
- If yes, did the service you/they received reflect the I Statements? YES/NO/N.A.
- What, if anything would you change about them?

Any other comments about them? We'd especially like examples of experiences where the service received did or did not reflect the I statements. Are you happy for one of the team to contact you to chat more about this? YES/NO

If yes, please leave your name and contact details below:

LIP News

SEPT
2021

Welcome from the CEO

A big hello from everyone at LIP. It's been a challenging time for us all living with the changes that COVID has brought.

Within LIP we've had some changes too, saying farewell to Jo and David and welcoming on board Joy and Sheila. Together, we're looking forward to restarting face-to-face activities—we've missed you all!

Jag & Mary



Social media

We're in the process of reengaging with social media and building stronger connections with other local organisations. We are excited to be working with Tracey from Arctic Bee on our brand new website—so keep an eye out! As part of our refresh we're offering **YOU** the opportunity to redesign our logo! Please see the back page.



www.facebook.com/LIP2020



www.twitter.com/InvolvingYou



www.instagram.com/InvolvingYou



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LIP have been facilitating Focus Groups with the aim of enabling residents within proposed Active Travel Neighbourhood areas to speak directly to Council Officers. These have been carried out online and we thank everyone for their contributions and insight, which will really help the project team.

-Cat, Senior Project Officer @ Leeds City Council

Following feedback from the Deaforum and the BSL engagement event in November 2019, the Patient Experience Team at Leeds Teaching Hospitals NHS Trust were keen to raise the profile of the challenges that d/Deaf people face when trying to access hospital services.

A group has now been set up to develop a d/Deaf Action Group involving representatives from the d/Deaf community, members of hospital staff and the Patient Experience Team.

Maka sits on this group and has been instrumental in developing the plan of action, which includes a series of "pledges" that will be sent out to the Deaforum soon for feedback.

John White, the Lead Nurse for Patient Experience, expects the action plan to positively change the experience of d/Deaf people who use the hospital services.

Better Lives Board

BLB members have worked on the Better Lives Strategy refresh—they have influenced changes in the questionnaire to better reflect the real needs of Leeds.

[Better Lives Strategy consultation \(leeds.gov.uk\)](https://www.betterlives.org.uk/).

Approximately 20 members were involved during the process, and we appreciate your hard work. Big thanks to Phil for being an excellent chair!

St Gemma's Steering Group



Recovery College

We continue to work with the Recovery College helping to develop new courses.

The Visible Project

Visible now has 8 active members who have been continually supported and in contact with LJP through Zoom meetings, phone calls and socially distanced meetings. Members of the group have felt "listened to" and have found value in comparing their experiences with each other.

Together We Can

Thank you to our chairs Mark, Paul and Margaret for their continued leadership of the group. Listening to our members, we have decided to keep Zoom as a meeting option going forward. We are also looking forward to the chance to meet in person at St Chad's Parish Centre on Wednesday 29th September, 11am-1pm! <https://www.eventbrite.co.uk/e/together-we-can-coffee-cake-tickets-168711333139>

Mental Health Collaborative

During July a number of members of Together We Can contributed to Mental Health Collaborative workshops run by Leeds City Council and Leeds and York Partnership Foundation Trust. They looked at how mental health crisis services are approached now and how they want them to be in the future. Their ideas directly informed the work the task force will be working towards in the coming months, shaping suggestions for future workshops and providing valuable insight. Thank you so much for your contributions Alison, Louise, John, Mark and accompanied by our Peer Support Worker Joy.

Forum for Race Equality in Social Care and Health

Over 75 members attend each meeting working with Leeds City Council and NHS Leeds CCG to improve access to services. On Thursday 9th September, 5:30pm-7:30pm, we will be discussing Diabetes Care in Leeds and Cultural Competences of Providers.

[Forum for Race Equality in Social Care and Health Tickets. Thu 9 Sep 2021 at 17:30 | Eventbrite](https://www.eventbrite.co.uk/e/forum-for-race-equality-in-social-care-and-health-tickets-thu-9-sep-2021-at-17:30)

Connecting Leeds

Leeds Involving People is the key engagement partner for the Connecting Leeds project. We work in areas all across the city to ensure residents are able to contribute to proposals. Follow this link for more information on one of our recent projects:

[What is an Active Travel Neighbourhood? - Sustainability \(leeds.ac.uk\)](https://www.leeds.ac.uk/active-travel-neighbourhood/)

Sam's Socials

These were initially started to help our members become more confident on Zoom over lockdown.

Lovely Members at our AGM



Board Members, Prem and Jane



Empower

Acts 435

Acts 435 facilitates the direct connection between a giver and those in need, with 100% of donations being given to the recipient so even the smallest of donations can make a difference. In total we have raised £7000 and helped 126 adults and children living in poverty.

Brilliant BDC Members



Leeds DEAForum

Following a meeting with Leeds DEAForum our Involvement Lead, Maka, is representing us on the Leeds Teaching Hospitals NHS Trust d/Deaf Action Group who are working on access to hospitals in Leeds.

Barnsley Deaf Community

We are looking forward to our event on 30th September, 1pm-3:30pm to welcome back our lovely members!

<https://www.eventbrite.co.uk/e/welcome-back-to-barnsley-deaf-community-tickets-167053560697>

Collaborate

Involve

Consult

Inform