

LIP News

Summer
2022

A Poem from LIP member Bob S

When Sun Does Shine, and blooms do Show
I am at peace with the world aglow
In my Garden with bees buzzing by
Its good to be relaxed that I cannot lie
For all year long there is lots to do
With just a break, neighbours, Yo! Ho!
Its all done, restful, the deckchair awaits
My sleepy soul can only meditate

"We may think we are
nurturing our garden.
But of course, it's our
garden, that is really
nurturing us." — Jenny
Uglov



Bob's Lovely Garden

The Big Question

Direct Payments are a way of people having more
choice and control over how their care and support
needs are met – what would make it easier for people
to choose that option?

Let us know on the details below!

Tips Corner

We want to hear your favourite tips and
advice, whether they're about cooking,
cleaning, gardening or anything else! Get
in touch on the details below to share
your tips.





Our Support Worker, Chloe, and
Involvement Worker, Maigan, competing for
Best Outfit at our Staff Team Building Day –
who's your winner?

Are you coming to the Feel Good Festival? Let us
know on Facebook, Twitter or Instagram using
#FeelGoodFestival


 www.facebook.com/LIP2020

 www.twitter.com/InvolvingYou

 www.instagram.com/InvolvingYou

 0113 237 4508

 info@leedsinvolvement.org.uk

 07719 328721

www.leedsinvolvingpeople.org.uk / www.eventbrite.co.uk/o/leeds-involving-people-20153400149

Welcome

A big hello from the Board and everyone at LIP. Welcome back to
our Chair, Mary, who has fully recuperated from her fall. She is
looking forward to the AGM where she will be able to meet everyone
again, and she is back to steering LIP towards its goals. We
understand that poverty and benefits are on everyone's minds right
now and we hope we can be around to support people.



You are invited to our Feel Good Festival!

Date: 22nd-24th August

Theme: "What Makes You Feel Good?"

From stalls inc. Association of Blind Asians,
Leeds Hearing & Sight Loss Service to free
food, goodie bags, to workshops (drumming,
tapping, meditation, loving yourself) to tissue
paper posy making, balancing chakras,
genetic discovery, cancer awareness and a
Celebration of neurodiversity—there is
something for everyone!

Head over to Eventbrite for a full programme
of events or contact the LIP Office to book
your place.



Monday 22nd August



Little London Community
Centre
11am-4pm
Open from 10:30am
"What Makes You Feel
Good?"

Tuesday 23rd August



Beeston Village Community
Centre
11am-2:30pm
"Nature/Nurture"

FREE

Wednesday 24th August



New Headingley Club
12pm-3pm
"Music and Movement"

Pre-book your places



Use Eventbrite to pre-book
workshops or contact LIP:
[https://www.eventbrite.co.uk/
o/leeds-involving-people-
20153400149](https://www.eventbrite.co.uk/o/leeds-involving-people-20153400149)



Come and meet
Spiderman at our
Feel Good Festival!

"Being part of Leeds Involving People
has improved my confidence and self-
worth. I've used the experiences I
have of mental health services to
advise providers on how they offer
care." – LIP member

Leeds DEAForum Visits West Yorkshire Police!

We would like to thank West Yorkshire
Police for inviting us to their Contact
Centre in Bradford to look at how they
are making themselves more
accessible to the Deaf community.



"This feedback is excellent and I thank you for taking the time to discuss and for providing quite extensive feedback." - Adults and Health @ LCC

The Listening Project

We continue to work closely with Leeds City Council, talking about adult social care to diverse communities around Leeds. Keep an eye out for our next event! Thanks to all who have been involved so far.

Better Lives Board Service Users and Carers Group

This group have worked hard on the new Better Lives Strategy for Leeds as well as feeding back on issues such as poverty and accessibility.

The ambition of the Better Lives strategy is: "To ensure that people with care and support needs are able to have a fulfilling life".

If you want to learn about how to get involved, come along to our Introduction Day on Thursday 18th August, 12pm-4pm at Leeds Society for Deaf and Blind People.

"Getting Ready to Get Involved" is a one-off session designed to explore what co-production and involvement looks like, and help you decide how you could get involved. It gives you the chance to think about your skills, knowledge and experience and how you can apply them to getting involved. It's also a chance to think about the type of activities you'd like to be involved in, and what support we can give you to get the most out of your involvement.

The session is offered free of charge to members of LIP.

You can sign up for the training by emailing Joy at joy.mcmillan@leedsinvolvement.org.uk

The Visible Project

The Visible Project wants to improve health and wellbeing outcomes for adult survivors of child sexual abuse.

If you are interested in being a part of the project in a way that suits you, get in touch with Lilla Tan at LIP on 0113 237 4508.

FRESH (Forum for Race Equality in Health and Social Care)

Our next meeting is taking place *face-to-face* at the BAME Health and Wellbeing Hub (formerly Frederick Hurdle Day Centre) on Reginald Terrace on Tuesday 13th September, 5.30pm-8pm. Come along for food, chat and workshops, an exciting opportunity to influence how a range of services in Leeds are being delivered.

Connecting Leeds

We welcomed new staff, they took to the streets along the A6120 Horsforth – Pudsey and the A61/A639 Leeds – Wakefield. They all worked extremely hard on both jobs, engaging with residents and shop owners, ensuring they all had their problems and solutions to road improvements heard. They all thought 'outside the box'; worked around challenges; dealt with constant adverse weather conditions (heatwave and then torrential rain); were polite to residents and respectfully listened to their views; were patient and understanding when dates and times changed; and submitted responses and data in a timely manner.

WE REALLY APPRECIATE YOU!

Together We Can

Since our last newsletter we have focused on GP access during COVID, it's taken a while but along with the MH Collab and Peer Support Worker Joy we are working closely with Primary Care Commissioners to connect with people and improve access for all. Representatives attended our Conversation Café to kickstart the conversations.

"My admiration to the 2 ICB/Primary Care ladies for braving 'lion's den' of comments." - LIP Member



Empower

Collaborate

Involve

Consult

Inform

Are you an Unpaid Carer?

Check out our new project!

Project Aims: To gather unpaid carer's feedback on current problems and solutions based on their experiences within Leeds.

Interested? Contact Lilla Tan at the LIP Office.

Leeds DEAForum

It's great to be making better connections with Leeds Hearing & Sight Loss Service, with a representative attending each DEAForum meeting to help signpost and be available to make appointments. The next meeting is Thursday 16th September, 12.30pm-2.30pm at Leeds Society for Deaf & Blind People.



A great time painting pottery at our Conversation Café

Conversation Cafes

These continue to be an ideal opportunity to talk around subjects that are on all of our minds; we feed back relevant information to other strategic groups, nothing is wasted! Whilst offering peer support and sign posting. The next one is on Tuesday 6th September, 1pm-3pm at Feel Good Factor.