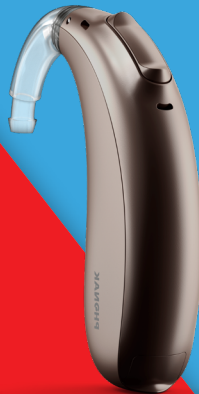


# Your Hearing Aids



Phonak Nova PR



Phonak Naida  
M70-SP/P70 UP

Red = Right  
Blue = Left

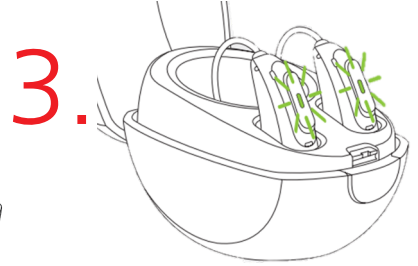
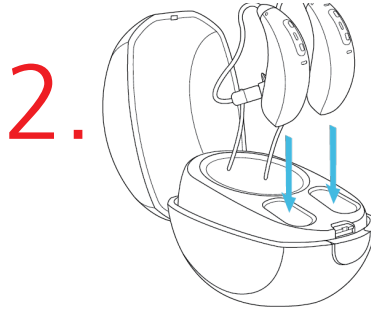
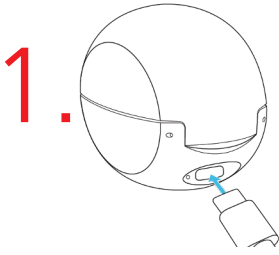


Contact information - **back** of booklet





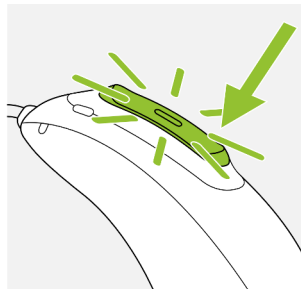
# CHARGE EVERY NIGHT



In charger = OFF ❌

Out = ON ✅

| Colour | Charge   | Time   |
|--------|----------|--|
| ● ● ●  | 0 - 10%  |  |
| ● ● ●  | 11 - 80% | 30 min (30%)<br>60 min (50%)<br>90 min (80%) |
| ● ● ●  | 81 - 99% |  |
| ▬      | 100%     | 3 h  |



Press and hold = OFF (red light)

Repeat = ON (green light)

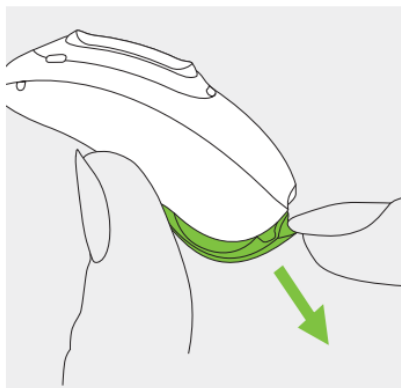


# CHANGE BATTERY WEEKLY

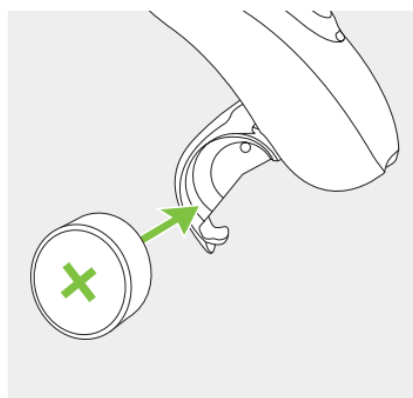
Or when you hear 2 'beeps'



1.



2.



3.

✓ Closed = ON

✗ Open = OFF



**WARNING**

If battery is swallowed, go to A&E

# INSERT MOULD

1.



2.



3.



4.



# INSERT THIN TUBE

1.



2.



3.



4.



# CLEAN MOULD

1.



2.

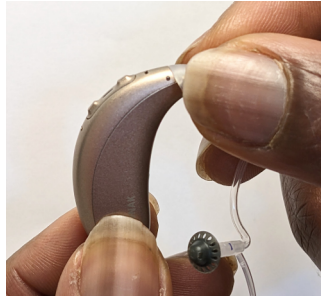
Pin or  
paperclip



# CLEAN THIN TUBE

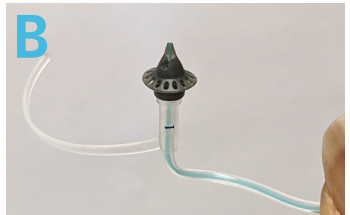
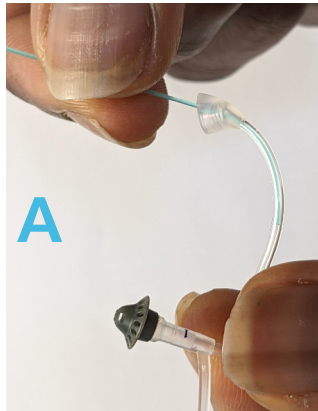
1.

Unscrew  
anti-clockwise



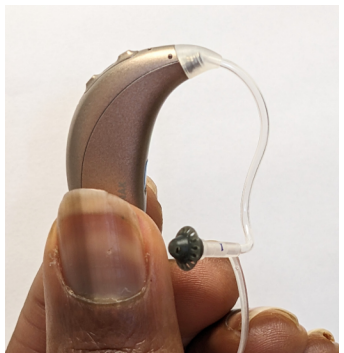
2.

Thread  
cleaner  
through



3.

Screw  
tube back  
on

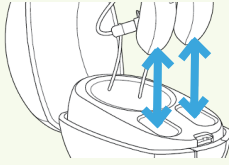




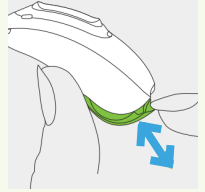
# BLUETOOTH - ANDROID



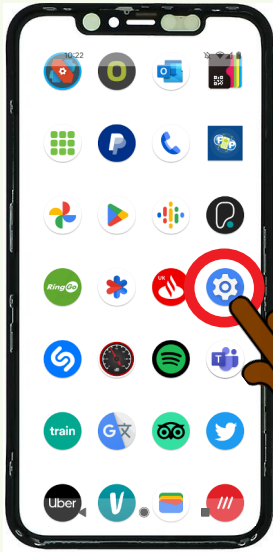
1. Put in, then take out of charger



Or open and close battery door

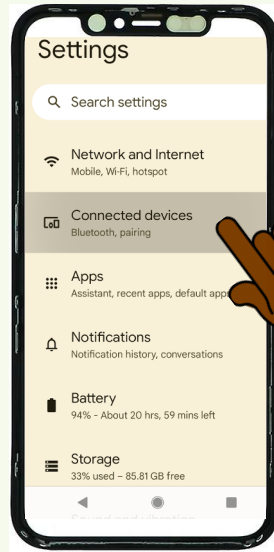


2.

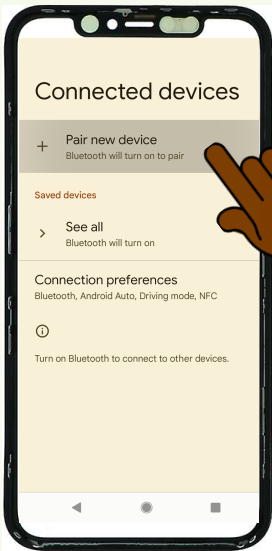


'Settings'

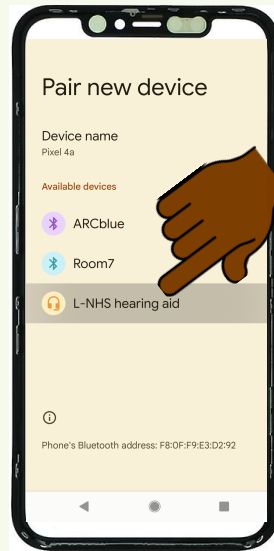
3.



4.



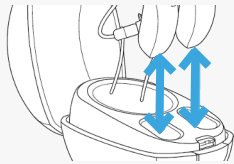
5.



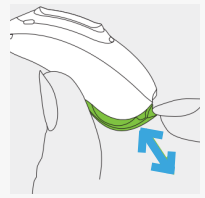
Only one shows.  
Select, then press 'pair'

# BLUETOOTH - APPLE

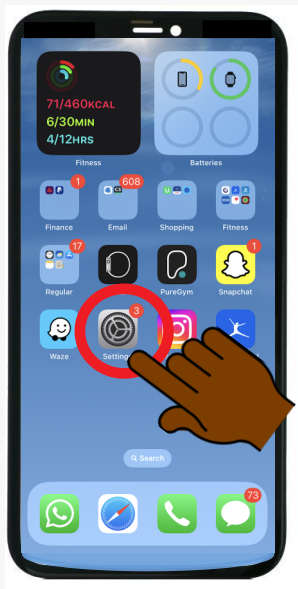
1. Put in, then take out of charger



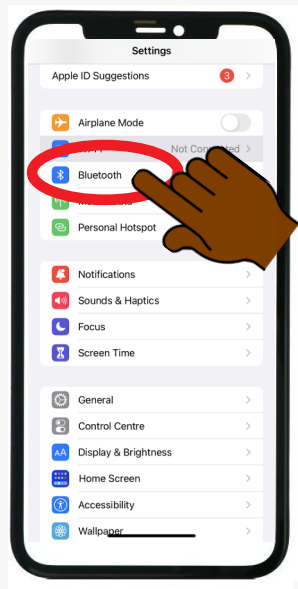
Or open and close battery door



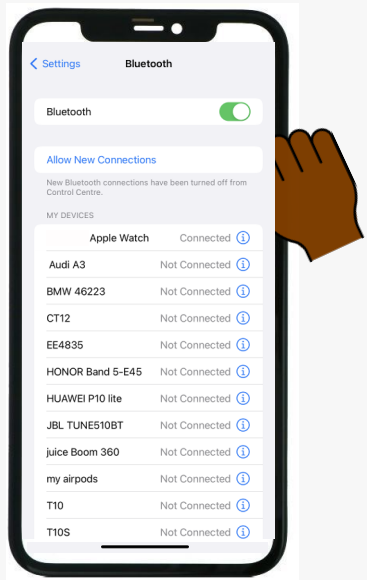
2.



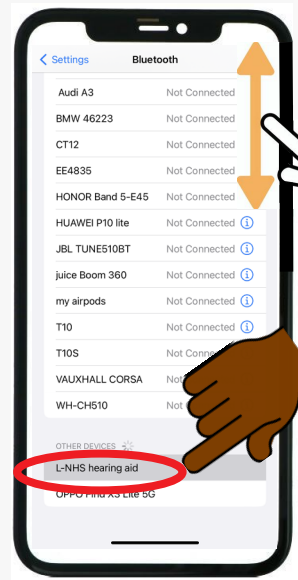
3.



4.



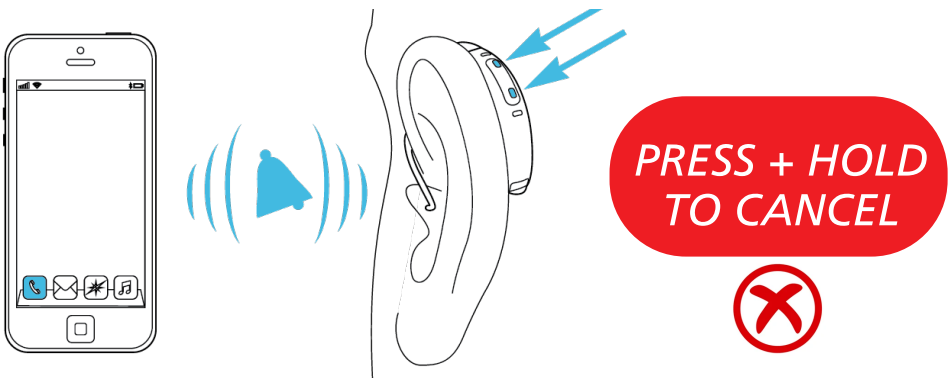
5.



Scroll down

Only one shows

# ANSWER MOBILE

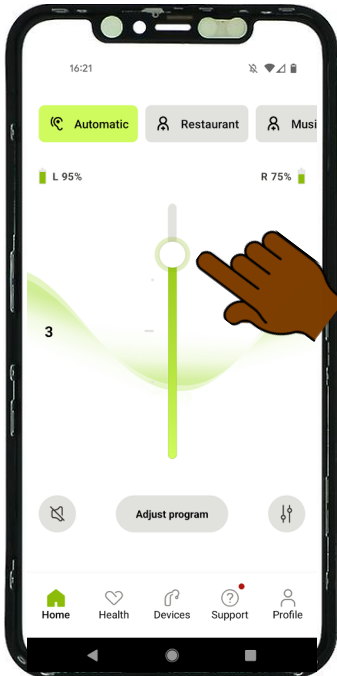


- Or use your phone buttons
- You do not need to hold your phone up

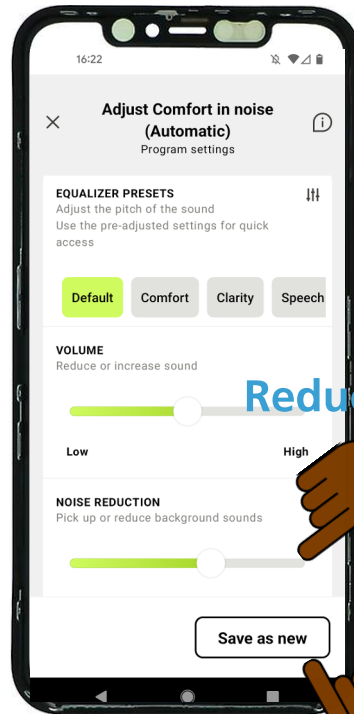


# MYPHONAK APP

Adjust sound, make custom programs and more



Adjust volume



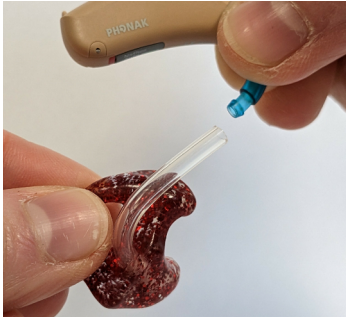
Make your own programs



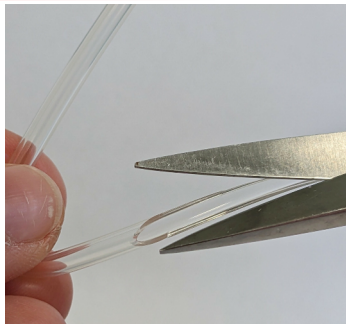
Download from app store and follow instructions

# CHANGE TUBE EVERY 6 MONTHS

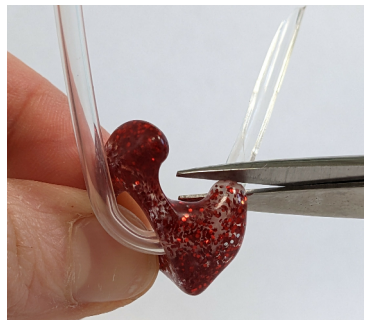
1.



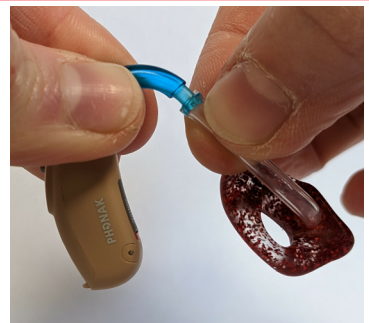
2.





3.



4.

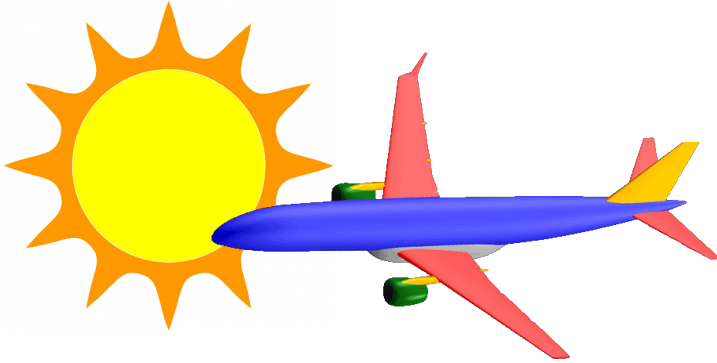


# PROBLEMS + SOLUTIONS

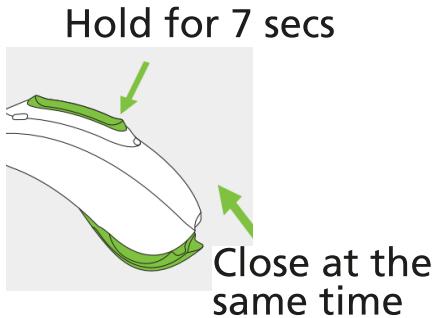
|  <b>Problem</b> | <b>? Reason</b>                  |  <b>Solution</b> |
|--|----------------------------------|---|
| No Sound   | Dead battery/charge              | Change the battery or charge aid  |
|  | Hearing aid on wrong setting     | Switch off then on  |
|  | Blocked sound                    | Clean your mould or tube  |
|  | Volume is turned down            | Turn up volume  |
| Whistling  | Volume too high                  | Reduce volume   |
|  | Blocked sound                    | Clean mould or tube   |
|  | Ear wax in ear                   | Contact us  |
|  | Stiff tubing                     | Change tubing   |
|  | Ear mould too loose              | Contact us  |
|  | Hearing aid not in ear correctly | Take it out and put it back in  |
| Bluetooth not working  | Various reasons                  | Unpair or 'forget' aids in Bluetooth settings, then re-pair                                       |

**Phonak support:** [phonak.com/en-uk/support](https://phonak.com/en-uk/support)

# ACTIVATE 'FLIGHT MODE' WHEN FLYING

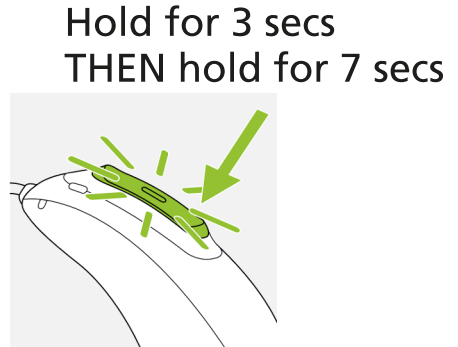


## Battery aid:



**Open and close =  
back to normal**

## Rechargeable aid:



**Hold for 3 secs =  
back to normal**

# ACCESS TO WORK FUND

In work, self-employed or on an apprenticeship?

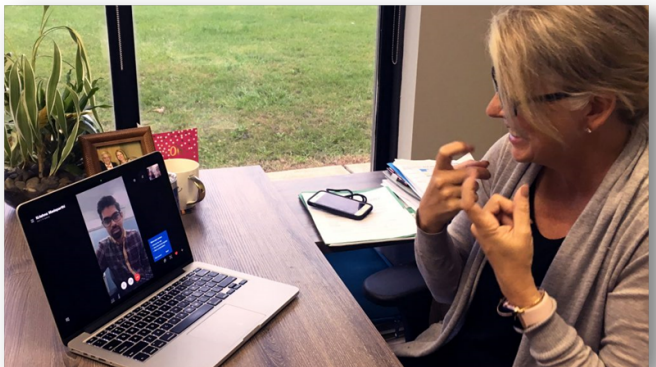
Apply for government funding for:

- Interview support
- Technology
- Adaptations
- Other support needs.

Visit: [gov.uk/access-to-work](https://www.gov.uk/access-to-work)



RNID: for help using a Job Centre if you are d/Deaf, visit [bit.ly/3yEXExr](https://bit.ly/3yEXExr)



# HOW DID WE DO?

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**Help us improve!**  
Give us anonymous feedback.

Scan QR code or follow link:

[bit.ly/nhsleedsfft](https://bit.ly/nhsleedsfft)



Select 'Outpatient Feedback'.

# SUPPORT AND BENEFITS

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**Bus pass:**  
[gov.uk/apply-for-disabled-bus-pass](https://gov.uk/apply-for-disabled-bus-pass)



**Rail card:**  
[disabledpersons-railcard.co.uk](https://disabledpersons-railcard.co.uk)



**Disability driving instructors:**  
[bit.ly/3Y61kn2](https://bit.ly/3Y61kn2)



# ONLINE LINKS

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RNID (information, support, advice):  
[rnid.org.uk](http://rnid.org.uk)



Hearing aid self-help  
(Subtitled):  
[youtu.be/XpR8VBjLS0](https://youtu.be/XpR8VBjLS0)



Equipment advice and support:  
[bit.ly/3mUWKks](https://bit.ly/3mUWKks)



Interactive help videos:  
[c2hearonline.com](http://c2hearonline.com)



West Yorkshire Police  
Deaf safety information:  
[bit.ly/3lyHYyz](https://bit.ly/3lyHYyz)



# CONTACT US

## Call

0113 518 1823

## Email

leedsth-tr.hearingandbalance@nhs.net

## SignLive sign language interpreter

[signlive.co.uk/login](https://signlive.co.uk/login)



## CHANGE TUBES EVERY 6 MONTHS

- Contact us, we will post tubes OR
- Book appointment.

## CLINICS

Wharfedale Hospital

Yeadon Health Centre

Hunslet Health Centre

Wetherby Health Centre

Holt Park Health Centre

Thorpe Park Clinic (Fountain)

Pudsey Health Centre

Armley Moor Health Centre

Seacroft Hospital

Holt Park Medical Centre

For batteries, walk in  
with your card

**BATTERY CARD**  
LEEDS TEACHING HOSPITALS

The Leeds  
Teaching Hospitals  
NHS Trust

Name:

DOB:  Issue date:

Batteries:  Orange  Blue  Brown

Month/Year batteries issued 6 monthly: